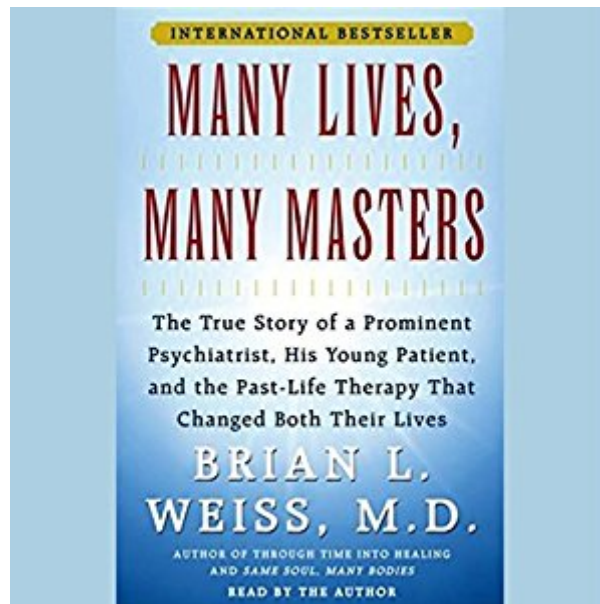


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# Many Lives, Many Masters: The True Story Of A Psychiatrist, His Young Patient, And Past-Life Therapy



## Synopsis

As a traditional psychotherapist, Dr. Brian Weiss was astonished and skeptical when one of his patients began recalling past-life traumas that seemed to hold the key to her recurring nightmares and anxiety attacks. His skepticism was eroded, however, when she began to channel messages from the "space between lives," which contained remarkable revelations about Dr. Weiss' family and his dead son. Using past-life therapy, he was able to cure the patient and embark on a new, more meaningful phase of his own career. --This text refers to an out of print or unavailable edition of this title.

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## Customer Reviews

This book is amazing! I have been an atheist all my life despite (or is it as a result of?) attending Hebrew school as a child and Christian school from 4th through 12th grade. In my final year in college, I took an Intro to Buddhism course and was immediately intrigued by Buddhist teachings and philosophies. But my exploration of Buddhism hit a wall, because I could not convince myself to subscribe to one of the fundamental tenets of Buddhism: the belief in reincarnation. I just didn't believe in reincarnation at all. I was always of the "You Die and That's It" school. Nothing even remotely changed this view for years--until last week when I read this book. In the span of less than 24 hours, I went from not believing in reincarnation at all to being almost completely convinced of its existence. I read this book with a very skeptical eye. But I also read it with objectivity, and, above all else, an intense desire to find truth. And I believe the account in this book to be factual. For the sake of argument, if it's a fake, it's an absolutely brilliant fake. But if it's completely authentic, then it's a

phenomenal account that could change your life for the better. Either way, it's worth a read.

Many Lives, Many Masters by Brian L. Weiss, M.D. was an easy, enjoyable read. Well written and fast paced, I read it in one sitting. Most of the subject matter covered will not be new to a long-time student of reincarnation. This book is geared for readers new to the subject, as Dr. Weiss was at the time the events he describes took place. His analysis of events may annoy those who don't require concrete proof of spiritual realities. He offered no verifiable scientific proof of what he presented anyway. It was encouraging to see a serious scientist open his mind to faith without proof. Dr. Weiss' enlightenment on the subject (in this, his first book) is limited to one patient he regressed through 12 of her 86 past lives. The ones that are delved into aren't described in much depth. Though the regressions reveal personal insight into her present life difficulties, there's not much applicable universally. Some "Masters" he quotes seem a little too judgmental to be enlightened spirits: "Humans just destroy. They will eventually destroy themselves." Much of their wisdom offered little new in the way of insight: "Wisdom is achieved very slowly." The methods he describes using to obtain this material don't rule out contact with less enlightened spirits, which Dr. Weiss admits at one point. So the "many masters" may not have been masters at all. He does show how past life regression can be a powerful tool in healing emotional problems and phobias. Journey of Souls and Destiny of Souls by Michael Newton, Ph.D, another regression therapist, are much more in depth and informative, though they deal with life between lives more than the mechanics of reincarnation itself. If your budget calls for more bang for your buck, your money might be better spent on classic "must read" books on reincarnation: Many Mansions by Gina Cerminara & You Were Born Again To Be Together by Dick Sutphen. Two newer "must reads" are: Adventures in Reincarnation by Brian Jamieson and Past Lives, Present Dreams : How to Use Reincarnation for Personal Growth by Denise Linn

Weiss, Chief of Psychiatry at a large university-affiliated hospital in Miami, first met 27 year old Catherine in 1980 when seeking help for her anxiety, panic attacks and phobias. For 18 months he used conventional methods without success but then in a series of hypnotic trance states Catherine recalled past-life memories that proved to be the causative factors of her symptoms leading to her cure within a few months. She did not believe in reincarnation but acted as a conduit for secrets of life and death from highly evolved spirit entities, some of which were specifically for him. Weiss's life would never be the same again. When the guide described artifacts at an Egyptian exhibit she found herself correcting him and at the next treatment Weiss regressed her, asking her to recall earlier

ages; "Go back to the time from which your symptoms arise." "We live in a valley; there is no water; the year is 1863 B.C. The area is barren, hot and sandy. There is a well, no rivers. Water comes into the valley from the mountains. There are big waves knocking down trees. There's no place to run. It's cold; the water is cold. I have to save my baby, but I cannot; just have to hold her tight. I drown; the water chokes me." In later sessions he found that her experience of death in her many lives was similar each time. A conscious part of her would leave the body around the moment of death, floating above and then being drawn to a wonderful, energizing light. She would then wait for someone to come and help her. The soul automatically passed on. Weiss investigated references to reincarnation. "In A.D. 325 the Roman emperor Constantine the Great, along with his mother, Helena, had deleted references to reincarnation contained in the New Testament. The Second Council of Constantinople, meeting in A.D. 553, confirmed this action and declared the concept of reincarnation a heresy. Apparently, they thought this concept would weaken the growing power of the Church by giving humans too much time to seek their salvation. Yet the original references had been there; the early Church fathers had accepted the concept of reincarnation. The early Gnostics - Clement of Alexandria, Origen, Saint Jerome, and many others - believed they had lived before and would again." Between sessions Catherine became more psychic, having intuitions about people and events that proved to be true. Her father, expressing doubt about what was happening, was amazed when she picked the winner of every race, although she gave the winnings to a poor person as she knew that her new spiritual powers should not be used for financial gain. She recalled periods between lives. "I am aware of a bright light. It's wonderful; you get energy from this light." She then spoke in a different voice. "Our task is to learn, to become God-like through knowledge. We know so little. You are here to be my teacher. I have so much to learn. By knowledge we approach God, and then we can rest. Then we can come back to teach and help others." "They tell me there are many gods, for God is in each of us." She later identified the masters, highly evolved souls not presently in body, as the source. They could speak to him through her. Although he had kept a strictly professional distance, telling nothing about his personal life, Catherine explained the deeper meaning - payment of karmic debts and teaching lessons - of the one-in-ten million heart defect that caused the death of his first born child when 23 days old. "Catherine could not possibly know this information. There was no place even to look it up." "Who tells you these things?" "The Master Spirits tell me. They tell me that I have lived eighty-six times in physical state." He pondered the miraculous messages and the implications. "The light after death and the life after death; our choosing when we are born and when we will die; the sure and unerring guidance of the masters; lifetimes measured in lessons learned and tasks fulfilled, not in years; charity, hope, faith, and love;

doing without expectation of return - this knowledge was for me. But for what purpose? What was I sent here to accomplish?" He realized that faults are not important - love is. He did not need to try to be perfect or in control all the time. There was no need to impress anyone. Psychiatrists use high doses of tranquilizers and antidepressant medicines to treat people with Catherine's symptoms whereas under Weiss's hypnosis treatment she became radiant, serene, and happy beyond his wildest hopes. This book will be of interest to anyone open to the concept of reincarnation and the thought that each of us may have lived multiple lives. Could it be that we never die but pass through different phases? Could it be that time is not as we see time, but rather in lessons learned. Could it be that guardian angels want to help us, especially to overcome the fear of death? Could it be that acts of violence and injustice will have to be repaid in kind in other lifetimes? Could it be that greed, manipulation and self-centeredness retard the progress of the soul? Could it be that our body is just a vehicle while our souls and spirit last for ever?

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